



Rotary Riverside Surat

Rtn. Francesco Arezzo

RI President

DG Amardeep Singh Bunet

District Governor

Rtn. Gautam Raval

Club President

PP Rtn. Manoj Gajiwala

Honorary Secretary



Mission in Motion

Shield Her Future – Free HPV Vaccination Camp

Rotary Surat Riverside in collaboration with Rotary Club of Udhna organized a Free HPV Vaccination Camp titled “Shield Her Future” in association with Mook Badhir School, Parle Point, Surat. The camp was conducted on 6th February 2026 at 2:00 PM at the school premises.

The initiative aimed to promote cervical cancer prevention through HPV vaccination and raise awareness about the importance of early protection. The vaccination was provided free of cost to girls aged 9–14 years, the recommended age group for HPV immunization.

The campaign emphasized that the HPV vaccine is safe, WHO-approved, and lifesaving, encouraging families to protect young girls from cervical cancer. With the message “Stay Protected, Stay Healthy – One Shot at a Time,” the program highlighted Rotary’s continued commitment to community health and preventive care.

Heartfelt gratitude to President Rtn. Gautam Raval, Hon. Sec. Rtn. Manoj Gajiwala, PP Rtn. Rashika Bhardwaj, PP Rtn. Dr. Prashant Kariya, PP Rtn. Sanjay Pandya, Rtn. Dr. Ashwini Shah and Rtn. Dr. Mansi Shah for sparing their valuable time and making this initiative a grand success. Kudos to all the RSR donors for protecting 68 girls’ future.





Official Club Visit of the District Governor

The Official Club Visit of Rtn. Amardeep Singh Bunet, District Governor, was held on 8th February 2026 for Rotary Surat Riverside. The District Governor was accompanied by the First Lady, Kamaljit Bunet.

During the visit, the District Governor and First Lady visited the residence of President Rtn. Gautam Raval & Ann. Jayana Raval, where the annual meeting with the board members was conducted. The District Governor reviewed the club's activities and projects in detail and appreciated the efforts and initiatives undertaken by the club.

He also shared valuable insights and guidance on strengthening the club by increasing membership and implementing more impactful service projects, enabling the club to expand its outreach and serve society more effectively.

Following the meeting, the DG and First Lady visited Rotary Surat Riverside's permanent project, Shah Virchand Magandas Physiotherapy Centre, where they reviewed the centre's operations. The DG expressed appreciation for the valuable services being provided and commended the centre for being self-sustainable while serving the community.

The OCV General Meeting was held in the evening at Amore, attended by respected PDGs, district officers, and Assistant Governor Sadeep Nanavati. All members of Rotary Surat Riverside were present for the occasion.

The meeting commenced on an auspicious note with a recital of "Ek Omkar" performed by Manoj Jain, Kapil Arora, and Purna Grover, along with Ann. Maya Kekhadia. The recital was beautifully interpreted through a graceful Kathak performance by Annet Nitya Kariya, adding a cultural and spiritual touch to the event.

The meeting was called to order by PP Rtn. Ritu Talwar, followed by the recitation of the Four Way Test by Rtn. Dr. Ashwini Shah. President Gautam Raval extended a warm welcome to the gathering. Rtn. Emily Jacob introduced the District Governor, after which the induction of new members was gracefully conducted by PP Rtn. Manoj Jain.

PP Rtn. Rajesh Mehta announced the names of the newly added Paul Harris Fellows of the club, who were honoured by the District Governor. The Honorary Secretary PP Rtn. Manoj Gajiwala presented a detailed report of the club's activities and service projects carried out during the year.

The District Governor then addressed the gathering and shared his valuable guidance and vision with the members. The meeting concluded with a Vote of Thanks proposed by Rtn. Kapil Arora.

Overall, it was an engaging and memorable evening. Kudos to all RSRians for organizing a successful Official Club Visit.





Official Club Visit of the District Governor





Menstrual Hygiene Awareness & Reusable Pad Distribution – Day 1

Rotary Surat Riverside organized a Menstrual Hygiene Awareness Program and Reusable Pad Distribution on 17 February 2026 at Gautami Vidyalaya, supported by State Bank of India under its CSR initiative.

The program successfully empowered 975 girls with essential knowledge about menstrual hygiene, proper sanitary pad usage, and the importance of maintaining personal health and confidence during menstruation. Reusable sanitary pads were also distributed to the students, promoting both hygiene and sustainability.

The initiative was actively supported by dedicated members and Anns including Rtn. Emily Jacob, Rtn. Jaina Gajiwala, Rtn. Amita Desai, Ann Jayana Raval and the President Rtn. Gautam Raval.

The program was a record-breaking success, with the smiles and confidence of the young girls standing as the true reward of the initiative. Rotary Surat Riverside continues its commitment to spreading awareness and empowering young girls through health education.





Menstrual Hygiene Awareness & Reusable Pad Distribution – Day 2

On the second day, 18th February 2026, of the initiative, a Menstrual Hygiene Awareness Session was conducted and reusable sanitary pads were distributed to 300 girls at Jeevan Bharati School.

The session focused on educating young girls about menstrual hygiene, proper sanitary practices, and the importance of using hygienic menstrual products for better health and confidence.

The team expressed sincere gratitude to President Rtn. Gautam Raval, PP Rtn. Rashika Bharadwaj and Rtn. Emily Jacob for their continuous support and guidance in making the initiative successful.

The program further strengthened Rotary Surat Riverside’s commitment to empowering young girls through awareness, health education, and access to sustainable hygiene solutions.





Nourish to Flourish: Project Poshan Weeks

Venue: Anganwadi 36 & 37

Beneficiaries: 74 children

Malnourishment is not just a matter of hunger – it’s a silent crisis that robs children of their potential, weakens communities, and holds back progress.

At Rotary, we believe that no child should suffer due to lack of proper nutrition, and that a healthy life is the foundation of a bright future. Therefore, with the continued efforts of the women force of Rotary Surat Riverside, the Project Poshan continues its third year under the able guidance of Rtn. Emily Jacob, Rtn. Jaina Gajiwala and Rtn. Rakhi Jindal.

Kudos to the donors! Your act of benevolence brings smiles to so many faces.

Week 97

Date : 5th February 2026

Food : Soy Milk & Fruit

Volunteers : Rtn. Jaina Gajiwala, Rtn. Emily Jacob

Sponsors : PP Rtn. Bankim & Rtn. Charulata Vashi



Week 98

Date : 12th February 2026

Food : Soy Milk & Fruit + Chocolates

Volunteers : Rtn. Jaina Gajiwala, Rtn. Emily Jacob & President Gautam Raval

Sponsors : PP Rtn. Bankim & Rtn. Charulata Vashi, President Gautam Raval (Chocolates)





Nourish to Flourish: Project Poshan Weeks

Week 98



Week 99

- Date : 19th February 2026
- Food : Soy Milk & Fruit, Til Ladoo (Sankranti Special)
- Volunteers : President Rtn. Gautam & First Lady Jayana Raval, Rtn. Jaina Gajiwala and Rtn. Emily Jacob.
- Sponsors : PP Rtn. Rajesh & Rtn. Dhvani Mehta (Poshan), President Rtn. Gautam & First Lady Jayana Raval (Til Ladoo)





Nourish to Flourish: Project Poshan Weeks

Week 100

Date : 26th February 2026

Food : Soy Milk, Bananas, Hygiene Kit

Volunteers : Rtn. Amita Desai, Rtn. Emily Jacob, Rtn. Jaina Gajiwala, PP Rtn. Rashik Bhardwaj, President Gautam & First Lady Jayana Raval, IPP Rtn. Rinki Barman

Sponsors : President Rtn. Gautam & Jayana Raval, PP Rtn. Rashika Bhardwaj, PP Rtn. Bankim Vashi, Rtn. Amita Desai, Rtn. Jaina Gajiwala, Rtn. Nilisha Jariwala, Rtn. Rakhi Jindal, Rtn. Emily Jacob



Did you know?

- ❄️ Antarctica contains about 70% of the world's fresh water.
- 🌳 Earth has around 3 trillion trees, more than the number of stars in the Milky Way.
- 🐘 Elephants can recognize themselves in mirrors, showing self-awareness.
- 👃 Your nose can remember around 50,000 different scents.
- 🐙 Octopuses have three hearts and can even taste with their suckers.
- 🌋 There are more volcanoes underwater than on land.





RSR Voices, We Hear

Birds and Their Amazing Sense By PP Rtn. Sciddharth Shah

Birds and their amazing sense have fascinated me since childhood... Seeing Baya Weavers knitting their nests from my bedroom window and my parents taking us to see flamingos in Nal Sarovar remains my favourite childhood memories.

We humans have based most of our inventions taking cues from nature, especially how birds and animals have special abilities for their survival.... that's known as Biomimicry...

What is Biomimicry?

Put simply, biomimicry is a design based on the study of something found in nature. Our discussion focuses on birds, but biomimicry uses many other animals and natural items and processes as inspiration. For example, the study of shark skin and its low-drag force inspired the invention of modern swimsuit materials. Termite dens are studied for their ability to regulate internal temperature, and the findings are used to design energy-efficient buildings. And the next time you unfasten Velcro, thank those pesky burrs that attach themselves to you when you walk through brush—they're the sticking power (literally) behind the invention.

How Birds Inspire Invention

Airplanes, of course, are one of the most obvious examples of biomimicry and birds. A bird's shape, the way it uses its wings to produce lift, how it glides through the air—all of these details were meticulously studied and reproduced in the modern airplane. Scientists and researchers have also studied the "V" formation of flying geese, which helps them save energy by catching the updraft of the bird in front of them, and applied it to military squadron formations. The latest iteration of this idea? Passenger jets, Aircraft manufacturer Airbus UpNext's flight demonstration project is testing out flying commercial jets in a formation akin to migrating birds, with the same energy savings as their goal.





RSR Voices, We Hear

Hummingbirds and drones

It's not hard to see the similarity between a flitting hummingbird and a hovering drone. That's because the hummingbird—with its ability to quickly dart in any direction and hover over a colorful flower to drink its nectar—is the muse for this relatively new technology. Scientists studied hummingbirds and their high wing-beat frequency—made possible by their long chest bone, strong wing muscles, and figure-eight wing beat patterns. They've used this unique combination to design drones with the same precise and quick manoeuvring ability.



Kingfishers and bullet trains

Ever seen a Kingfisher dive gracefully into water in search of food—and without making a splash? That's due to the streamlined design of its long, pointed beak. These expert divers have not gone unnoticed—in fact, they've inspired the design of one of the fastest trains in the world. Engineers of Japan's 500 series Shinkansen train designed its nose after the Kingfisher's wedge-shaped beak. This allowed it to slice through the air at a faster rate—a top speed of 186 mph, to be exact. The nose design also reduced energy consumption due to less air resistance, and reduced sonic boom noise in tunnels, resulting in a faster, quieter, more cost-effective train requiring less gas and fuel.





RSR Voices, We Hear

Woodpeckers and shock absorbers

It's a remarkable sight: woodpeckers hammering away at a tree (or your house) without breaking a sweat. In fact, they hammer at a rate of 100 times the g-force that would cause a concussion in a contact sport like football. How can they hammer with this high force of impact with no damage to their beak or head? The answer lies in a combination of spongy bones and a tough beak. Their hard but elastic beak and spongy skull bones create the perfect shock-absorbing effect that protects them from harm. The combination is so effective that researchers have patterned shock-absorbing technology after it. This tech is used everywhere from airplanes and cars to—you guessed it—football helmets.



Falcons and B-2 bombers

Their eyes lock onto their target, they fold in their wings, and they dive with a speed close to 200 mph. The hunting Peregrine Falcon is a force of nature. It can dive bomb prey with mind-boggling speed, then unfold its wings and reduce their speed at the last minute to catch their prey. This raptor's hunting technique has been closely studied in the design of the B-2 bomber. Both the falcon's and the bomber's sleek shape and aerodynamic body allow it to reach top speeds quickly and quietly, making the bomber harder to detect by radar.

So Many Ways to Learn About Birds at Chirp...





Milestone Memories

• Another Trip Around the Sun

3rd March : Ann. Sonal Parikh
 4th March : Rtn. Neena Sinha
 4th March : Ann. Falguni Arora

16th March : Rtn. Mihir Shukla
 27th March : Annet. Aadya Kampani

• Celebrating Togetherness

8th March : Rtn. Puja Kampani

Events in the Spotlight, March 2026

Service Projects: From health awareness to community upliftment—meaningful action is on the way!

Fellowship: Fun, bonding, and Rotary warmth as we come together to celebrate togetherness.

Regular Poshan: Continuing our mission to nourish children and support healthier futures.

Stay tuned... big impact and bigger smiles coming soon! ✨💙🌟

Glorious Glimpses

Congratulations to Rotary Surat Riverside on successfully completing 100 weeks of Project Poshan!

This remarkable milestone reflects dedication, consistency, and a strong commitment to our goals. Reaching this point is not only an achievement but also an inspiration to continue moving forward with the same enthusiasm and perseverance.

Wishing Team Poshan and RSR more milestones and continued success in the journey ahead.

Highlights at a Glance:

- 74 Hygiene Kits were distributed, each containing 2 hand towels, 1 bathing towel, 1 bathing soap, 1 hand wash, and a dispenser.
- PP Rtn. Dr. Prashant Kariya conducted an informative session for mothers on the importance of increasing haemoglobin levels in children by consuming iron-rich foods. He also shared valuable insights on cleanliness and personal hygiene.

• The Sponsors are:

Ø President Rtn. Gautam

Ø PP Rtn. Rashika Bhardwaj

Ø PP Rtn. Bankim Vashi

Ø Rtn. Amita Desai

Ø Rtn. Jaina Gajiwala

Ø Rtn. Nilisha Jariwala

Ø Rtn. Rakhi Jindal

Ø Rtn. Emily Jacob





Celebrating 100 Weeks of Project Poshan

100 Weeks of Service, Compassion and Nutrition for Children



100 Weeks of Impact

20,000+ Meals Served | Health Camps | Nutrition Kits Distributed





Thoughts in Transit

As an English teacher, I thought this time to share a few common errors that many of us tend to make while speaking or writing in English. These mistakes are quite natural, especially for those who are learning English as a second language. However, becoming aware of them can be helpful.

English is a rich and widely used language, but it also has many rules, exceptions, and subtle differences that can sometimes be confusing. Often, these errors happen because we translate directly from our native language, misunderstand certain grammar rules, or simply develop habits without realizing they are incorrect.

By identifying and correcting these small mistakes, we can focus on accuracy. With that in mind, here are five common errors for us to note and reflect upon.

Collated by
IPP Rtn. Rinki Barman
Editor
Rotary Surat Riverside

5 Common Errors in English

Let's review some of the most frequent mistakes we make in English!

- Mixing Up Present Simple and Present Continuous**
 Incorrect: I am going to school every day.
 Correct: I go to school every day.
 Why it Happens: Present Simple → habits and routines
 Present Continuous → actions happening right now
 Quick Tip: If you see signal words like every day, usually, always, use the present simple.
- Confusing There, Their, and They're**
 → **There** → place → **Their** → possession
 → **They're** → they are.
 Incorrect: Their going to there house.
 Correct: They're going to their house.
 How to Avoid This: When writing, always expand **they're** to "they are." If the sentence still makes sense, it is correct.
- Misusing Prepositions**
 Incorrect: She is married with a doctor.
 Correct: She is married to a doctor.
 Common Examples:
 • Interested in • God at
 • Afraid of • Depend on.
- Subject-Verb Agreement Errors**
 Incorrect: She go to school every day.
 Correct: She goes to school every day.
 Reading regularly and listening to native speakers helps reduce preposition mistakes.

Translating Directly from Your Native Language

Some languages say: "I have 25 years."
 Correct English: "I am 25 years old."
 Think in English instead of translating. Practice common phrases and sentence patterns.

